

Private Healing Sessions with John Lockley

John is an ancestral healer, diviner, and traditional healer (African Shaman) from South Africa with over 20 years of experience. On Friday 20 March, he will be in Johannesburg at HeartCore Studio offering private sessions. His incredible journey of growing up during apartheid and being called by his dreams to become a Sangoma is powerful and inspiring. His teachings and healings can be transformative to those who are serious about doing self-work and stepping into their gifts. For more information: <https://www.johnlockley.com/about-john>.

You can receive a **Divination OR Plant Healing Session**; Clients need to indicate which session they prefer. For plant healing John requires 24 hours to mix the medicinal plants.

DESCRIPTION OF THE SESSIONS:

PRIVATE DIVINATION CEREMONY: 'THROWING THE BONES' SESSION

As a traditional Sangoma John is a trained 'diviner' and he receives messages from the ancestral world through dreams, trance dancing and 'throwing the bones'.

Each session is a ceremony whereby he chants in isiXhosa and creates a circle with tobacco. He chants the names of the client's ancestors into the circle. As the bones fall, they create a constellation, representing the client's life. John speaks about the constellation, indicating the client's strengths and challenges. In keeping with the Sangoma way, John often gives clients home-work involving private ceremonies/rituals or meditations.



NB: These are not fortune telling sessions, but rather sessions to help people discover their gifts, and overcome their challenges. The power of these sessions is dependent on the client's intention to work on themselves. John is simply a guide. The stronger the client's intention to realize their destiny or life path, the more energy is 'given to the bones'.

Suitable for: Anyone searching for more direction in their lives, and a way to connect to their bones (ancestors). For more information: <https://www.johnlockley.com/in-person-divinations>.

PLANT HEALING SESSION

Clients place their feet in a mixture of plant medicine and warm water. They soak their feet for about 20 minutes. During this time John chants in isiXhosa, rattles and encourages the client to listen to their heart beat. Heat in the form of either incense or moxa sticks is applied to the soles of the feet to aid the flow of energy.

NB: Plant healing occurs over **three** days. The first occurs with John, then the plant mixture is given to the client and John demonstrates how to use the simple mixture at home for days 2 & 3.



Suitable for:

People who are suffering from fatigue; trauma, emotional or physical. These plant cleanses are also very helpful to aid in Dream recall. For more information: <https://www.johnlockley.com/plant-healing>.

* This is one of the primary techniques used by traditional healers throughout Southern Africa to cleanse the spirit and help people connect to their ancestors and dreams.

Price: R 850.00 – to be paid in cash, as this session is ceremonial in nature

Date: 20 March, 2020

Time slots: 11-12pm/ 12.15-1.15pm/ 2-3pm/ 3.15-4.15pm/ 4.30-5.30pm

Location: HeartCore Contemplative Studio, Jukskeipark, 2188 Randburg (details provided upon booking)

To book an appointment contact Angelic at:
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Or What'sApp at +27 (0)72 751 7093.